



**Job Title:** Health Care Support Worker - Physiotherapy  
**Contract:** Permanent  
**Salary** £25,844 (pro rata)  
**Hours:** 30 (9.30am – 3.30pm with ½ hour paid lunch break) Monday – Friday  
**Location:** Revive MS Support, Govan, Glasgow  
**Reports to:** Lead Neuro-Physiotherapist  
**Direct Reports:** None

### **About Revive MS Support**

Revive MS Support is the only charity in the West of Scotland providing nationwide support for people who are affected by Multiple Sclerosis. The centre was set up in 1984 by people living with MS and their families, and helps people manage the physical, emotional, social, and financial impacts that come with a diagnosis of MS. Anyone affected by MS can use Revives services, and can be referred by a health or social care professional or self-refer.

Services include an MS Specialist Nurse; MS Specialist Physiotherapy; Welfare & Benefit support; Speech and Language Therapy; Counselling; Aromatherapy & Reflexology; Podiatry; Fitness classes; Fatigue Management and Memory Matters classes; Continence Nurse service; Hyperbaric Oxygen Therapy; Support for families and friends of those with MS; social activities and a Community Café.

Revive welcomes over 500 clients a year to its purpose-built centre in Govan, Glasgow.

### **Job Purpose**

As a Health Care Support Worker working within the Physiotherapy team, you will work alongside the physiotherapists to improve the quality of life of MS clients by maintaining, restoring, and improving client's function and movement. Working to improve their well-being and optimising their independence.

### **Key Responsibilities**

#### **Clinical:**

- To work without direct supervision but under guidance of a registered physiotherapist to plan and deliver classes within the physiotherapy service.
- To support clients to safely use a range of equipment within the gym, and assist them on and off the equipment as required, including standing frame and hoists.
- To maintain a professional standard of record keeping in line with professional and organisational standards, including clients' records and incident reporting.
- To effectively monitor the clients in the exercise classes and report changes in the client's presentation or responses to the exercises, to the physiotherapist to enable the appropriate care to be given.

- To contribute to the development and design of resources for clients that might include exercise resources, promotional information, leaflets, and videos.
- To proactively contribute to other classes within the centre to support self-management as required by the service; for example, the fatigue management classes, MS Get a Head Start and others.
- To work within the remit of all the policies, procedures, and protocols of the organisation
- Assist clients with personal care when required.
- Working with clients on a one-to-one basis as required following assessment by the physiotherapist.
- To monitor and report to the physiotherapist or lead clinician available, any risks identified in the classes, including personal moving and handling risks.

### **Communication:**

- To demonstrate a consistently high standard of communication with clients, family, and carers and with colleagues within the centre.
- To develop and maintain a rapport with clients to encourage and motivate them to maintain a commitment to exercise and support self-management of their MS.
- To apply knowledge of the benefits of exercise for people with MS to facilitate effective participation in classes.

### **Leadership**

- To provide support to physiotherapy students and volunteers involved in the exercise sessions and delegate roles in the exercise session appropriately where required.
- To contribute to data collection and audit of the physiotherapy service and classes as required.
- To participate in the departmental Personal Development and performance review (PDP) to promote personal and service development including reflecting on your own practice to maintain standards identify learning and development needs.
- To participate in service and organisational meetings representing the physiotherapy service as required.

### **Administration / Equipment**

- To monitor attendance within the classes and proactively engage with clients who have not attended. To work with the physiotherapists to optimise use of the classes within the Centre.
- To demonstrate competence in a wide range of equipment, ensuring equipment is clean and safe to use. Ensure safe and competent use of equipment by clients. This may include moving and handling equipment, hoists, active passive trainers, standing frames and others. IT equipment; laptops.
- To take a lead role in checking and maintaining equipment for the use of the clients in the Gym and the physiotherapy staff following departmental guidelines for maintenance of the equipment, to ensure all items are fit for purpose and replacement needs are identified.
- To undertake some housekeeping duties
- Check and order department stock to ensure supplies are available for the physiotherapy individual and group sessions.
- Answer the telephone, phoning clients making appointments sending exercise programmes by email.

### **Person Specification**

<b>Criteria</b>	<b>Essential</b>	<b>Desirable</b>
Personal traits	<ul style="list-style-type: none"> <li>• Excellent interpersonal skills</li> </ul>	<ul style="list-style-type: none"> <li>• Ability to work under pressure</li> </ul>

	<ul style="list-style-type: none"> <li>• A proven ability to problem solve.</li> <li>• Ability to work independently.</li> <li>• An ability to work collaboratively within teams.</li> <li>• Ability to manage time effectively</li> </ul>	
Qualifications and training	<ul style="list-style-type: none"> <li>• Able to demonstrate a commitment to learning and improving skills and knowledge</li> </ul>	<ul style="list-style-type: none"> <li>• SVQ 3 or HNC in health</li> </ul>
Knowledge and experience	<ul style="list-style-type: none"> <li>• Evidence of skills to manage delegated work.</li> <li>• Ability to prioritise workload.</li> <li>• An understanding of how to work within your scope of practice.</li> </ul>	<ul style="list-style-type: none"> <li>• Experience of working with in a rehabilitation setting</li> <li>• An understanding of skills to lead and support group / class work</li> </ul>
Skill and abilities	<ul style="list-style-type: none"> <li>• Ability to prioritise a workload.</li> <li>• Effective verbal and written skills</li> <li>• Excellent time management skills</li> </ul>	<ul style="list-style-type: none"> <li>• Competent IT skills</li> <li>• Knowledge of working with people affected by MS</li> </ul>

For an informal discussion contact Jill French Lead Neuro-Physiotherapist

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Job closing date -11<sup>th</sup> May 2026